St Mary and St Peter's Church School News

Friday 5th December 2025 Issue: 68

www.stmaryandstpeters.co.uk Tel: 01460 52574

https://www.facebook.com/St-Mary-St-Peters-Church-School-Ilton-Somerset-106425985229728

Head of School Update…

Dear Parents and Carers,

St Mary and St Peter's have had a Christmas filled few weeks! It has been lovely to see so many of you at our Bingo night, join us for Breakfast and Number and come in to school to help decorate our Christmas tree.

We had a great evening last Friday for St Mary and St Peter's Bingo and it was great to have so many of our families there. We raised an amazing £450 which will continue to support the school. Thank you!

The next two weeks will be very exciting with Christmas production in the church, Christmas jumper day, Christmas lunch, Christmas Craft afternoon with families alongside continuing with our exciting learning and our book "The Polar Express." We look forward to sharing these with you.

This time of year, can also be quite tricky for many families and can cause additional worries or stress with the added pressures of the Christmas season. We are always here to support if you have any worries running into this period or even just a cup of tea and catch up. I have attached a few tips for families regarding sleep and tiredness at the end of the newsletter.

Best wishes,
Kirsy Luffman
Head of School

Bath & Wells Multi Academy Trust

Ofsted Good Provider

Our Picture Gallery







Our School attendance target is 95%
We are at
91.69%

Hogwarts Class current attendance
92.46%
-0.17 %

Gruffalo Class current attendance
90.27%
-1.13%



Headteacher's Award

Albie Andre, Charlotte Esme Emilia, Kimmy Hettie

Friday's Child

George Archie

Attendance Superstars!

Bella	Isla
George	Charlotte
Logan A	Andre
Deacon	Kyle
Kimmy	Logan L
Scarlett	Esme
Kayne	Jack
Jared	Emilia
Hettie	Willow

Head of school drop-in sessions
every Friday
2.30pm – 2.45pm

Mrs Luffman is available for any parent to drop in to see her without the need for an appointment. Please do feel free to use this session to answer any queries you may have.

Friday Family Assemblies

Every Friday at 2.45pm

Christmas Jumper Day

On **Thursday 11th December,** we will be wearing our Christmas jumpers!

This is part of the Save the Children campaign which makes sure children keep safe, healthy and learning. If you wish to donate anything towards the charity, there will be a donations box in school.

Class News

Gruffalo Class

We have had a fantastic week in Gruffalo Class. We started the week by looking at our new book The Polar Express. We spent Tuesday in our pyjamas, drinking hot chocolate, eating biscuits, and watching the opening scene of the film. The children all then wrote a fantastic recount of their morning. On Tuesday afternoon we spent time altogether creating beautiful decorations for the Christmas tree and then decorated the tree whilst the year 6 children read the Christmas story.

We then had the most wonderful day on Wednesday at the museum where we explored a Victorian Christmas and we made crackers and played parlour games. We have also been busy rehearsing our school nativity which we cannot wait to show you!

Hogwarts Class

Hogwarts and Gruffalo participated in Pyjama Day as part of our whole school English learning. We had train tickets at the gate for a journey on The Polar Express! We all joined together, and the conductor (Miss Sealey) stamped our tickets when we were all on board! We enjoyed hot chocolate and a biscuit before writing about our experiences.



Diary Dates:

Thursday 11th December – Christmas Dinner & Christmas Jumper Day
Monday 15th December – Pantomime at Westlands, Yeovil
Wednesday 17th December – Christmas Performance (2pm and 6pm)
Thursday 18th December – Christmas Craft Afternoon 2 – 3pm All welcome!
Friday 19th December – Last day of term.
Monday 5th January - INSET DAY – School Closed
Tuesday 6th January – First day of term

The school calendar for 2025 / 2026 can be found under the Parents Tab, listed as Term Dates.

Go to: www.stmaryandstpeters.co.uk

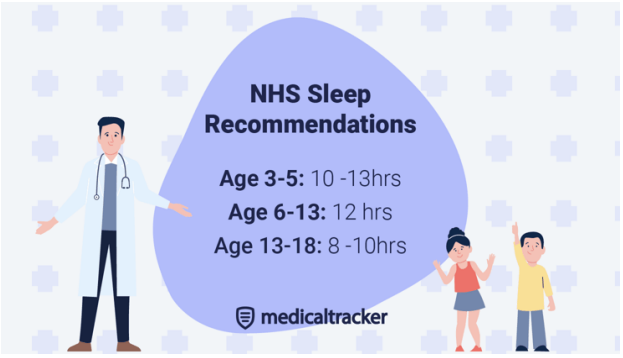
Ofsted Good Provider

Bath & Wells Multi Academy Trust

Ofsted Good Provider

Sleep and Tiredness

Over the last few weeks, we have noticed quite a few of our children struggling in school with tiredness. We appreciate how hard our pupils work and the build up to the end of Autumn term and Christmas; however, we are finding this is beginning to have an impact on their ability to focus and engage in learning and how they are able to interact with their friends.



We are aware there are lots of different reasons why children find sleep challenging. When talking with pupils, we are having some feedback that pupils are gaming before bed or staying up later to be on games. We know this will impact their ability to switch off/wind down before sleeping and reduce how long they are sleeping.

Sleep is essential for children as they grow and become older.

Things you can do:

Establishing a consistent bedtime routine is important. The routine should ideally start at the same time every night. As soon as the sun goes down, start to "wind down" the household.



- Dim the lights
- Stop use of electronics/screens at least an hour before bed – **use parental controls to set time limit.**
- Limit caffeine
- Take a warm bath
- Do a quiet family activity such as reading a short book
- If your child wakes up during the night, walk them back to their room with as little commotion as possible

If you have any concerns or questions regarding sleep or need any support with this, please come and see me.